

## Cardiac Stress Testing

{slimbox align=|right| padding=|5| title=|A patient walks on a treadmill during a cardiac stress test at Hazleton Imaging.| album=|Cardiac|}images/stories/services/stress\_IMG\_5104.jpg{/slimbox}The staff and doctors of Hazleton Imaging understand that cardiac stress tests can be just that &ndash; stressful. That&rsquo;s why we make every effort to ensure patients are comfortable and understand the testing process from start to finish.

And because waiting for results can be even more stressful than the test itself, Hazleton Imaging reports your results to your physician in as little as a day, so that you can know the status of your health as quickly as possible.

After just one visit to Hazleton Imaging, you&rsquo;ll feel comfortable knowing that the doctors, technologists and staff are committed to providing excellent service that starts the moment you walk into our office, and lasts until the time you head home.

{slimbox align=|left| padding=|5| title=|Dr. Joseph Briskie monitors your condition during the test.| album=|Cardiac|}images/stories/services/stress\_IMG\_5107.jpg{/slimbox}A cardiac stress test is one of the most common screening tests used to diagnose coronary artery disease, a leading cause of heart attacks and strokes. Because some forms of coronary disease are difficult to detect when a patient is resting, a cardiac stress test often helps to detect symptoms.

During a stress test, patients walk on a treadmill while an ECG records their heart rate and a nurse monitors their blood pressure. Readings are taken with the patient at rest and then at different points while exercising. These results are then compared, allowing Hazleton Imaging Cardiologist Dr. Joseph Briskie to determine if coronary disease is present and, if so, the extent of the disease.

&ldquo;A stress test at Hazleton Imaging can play a crucial role in catching the early signs of heart disease,&rdquo; Dr. Briskie said. &ldquo;When these symptoms are detected early enough, your doctor can then treat the disease and help you live longer.&rdquo;